

Pilates Reformer

Developed by
HEALTH SCIENCES FACULTY - Kinesiology



REPORT & GRATITUDE

Pilates Reformer is a machine, designed by Joseph Pilates that aims to improve the strength and flexibility of the human body. It is used in postural correction treatments. The activity is totally dynamic and allows the cardiorespiratory system, coordination and balance to work properly in addition to the osteomyoarticular system.

On May 15th, the School of Kinesiology and Physical Therapy received five Pilates beds with trapeze and the requested accessories (box, balls, etc.). We installed them in a temporarily assigned place until we can complete the second part of this project, the construction of the gym specially designed for this purpose.

From the moment we located them in the University Center of Interdisciplinary Attention (CUAI) and we published the photos in our Instagram page. We started receiving congratulations from our students, graduates and friends of the Institution. Words like: "Beautiful news! Very happy for these achievements and progress"; "Spectacular", "Congratulations for the initiative and the efforts done for this project" were saved on our Instagram wall. Also the students who come to the Center express their happiness to see the reformers beds installed and ready to be used.

The first activities that will be carried out with the reformers beds will be with the 3rd year students in I Kinesthetic Techniques class.

In the second semester we will start with classes for the community and next year the training for people who want to learn how to dictate the method.

Finally, from the direction of the Kinesiology department, we sincerely thank all the people who made it possible for this project, one of the most important since the beginning of the career, to have seen the light. We ask God to give us the possibility of completing the second part of it since we firmly believe that this will help us growing as a career, it will bring more young people to UAP to study Kinesiology and perhaps, many of them will come closer to God, fulfilling in this way, our mission.

PROJECT DATA

NAME Pilates Reformer

DEPARTMENT/PERSON IN CHARGE

Mag. Leopoldo Andrini

¿WHAT IS IT ABOUT?

The project is about the assembly and start up of a gym with 5 Pilates Reformers. It will develop academic activities in which teachers trained in the method will pour their knowledge to the students. Since the gym will be in the same place as the current University Center for Interdisciplinary Attention (CUAI), it will provide the service to the UAP employees in the first place and then to the people of the community. Given the rise of this method, training will be given to professionals in the area and students of Kinesiology will be offered the possibility of obtaining a certification as Pilates trainers with the consequent work output that this implies.

OBJECTIVE

- 1) Train, in this technique, Kinesiology students in the subject Kinesics Techniques 1.
- 2) Provide the possibility of being certified as pilates instructor to students who wish so.
- 3) Grant a work tool for students to obtain funds for the payment of their studies.
- 4) Give pilates courses, through the extension secretary of Health Sciences Faculty, to professionals who wish to be trained in this method.
- 5) Offer pilates classes to people in the community and UAP employees, as an annex to the CUAJ.

BENEFICIARIES

Students and community of Libertador San Martin, Entre Ríos

DURATION

BUDGET

From 03/01/19 to 05/21/19

Date	Concept	Dollar	Exchange rate	Pesos
03/19	Donation	\$10.000	\$39,72	\$397.200,00
03/19	Advanced purchase pilates equipment	-\$1.678,49	\$42,30	-\$71.000,00
05/19	Purchase five pilates equipment	-\$6.484,02	\$43,80	-\$284.000,00
TOTAL Surplus *				\$42.200,00

LOCATION

University Center for Interdisciplinary Attention (CUAI)

*Use to define with donor

ANNEX: Budget

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03/19	Donation	\$10.000	\$39,72	\$397.200,00
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05/19	Purchase five pilates equipment	-\$6.484,02	\$43,80	-\$284.000,00

TECNOFITS

Dirección: PERU 169 DPTO 2
Córdoba - Córdoba - 5000
Teléfono: 03514458638
Email:
IVA RESPONSABLE INSCRIPTO



FACTURA A N°0003-00000014

Fecha: 12/03/2019
CUIT: 30-71235442-5
IIBB: 280655651
Inicio de Actividades: 28/06/2012

INFORMACION DEL CLIENTE

Cliente: ASOCIACION COLEGIO ADVENTISTA DEL PLATA
Dirección: 25 DE MAYO 99-LIBERTADOR GENERAL SAN MARTIN
CUIT: 30-52937147-7
Email: silvia.vogel@uap.edu.ar
Condición: IVA RESPONSABLE INSCRIPTO

CONDICIONES DE VENTA

Condición de venta: Otro
Tipo: Producto

CONCEPTOS

Cantidad	Código	Descripción	% Bonificación	% IVA	Precio Unitario	Subtotal Neto
1,00	-	Anticipo compra equipos pilates	0,00	21,00	\$ 58.677,69	\$ 58.677,69
Subtotal Gravado						\$ 58.677,69
IVA 21%						\$ 12.322,31
TOTAL						\$ 71.000,00

TECNOFITS

Dirección: PERU 169 DPTO 2
Córdoba - Córdoba - 5000
Teléfono: 03514458638
Email:
IVA RESPONSABLE INSCRIPTO



FACTURA A N°0003-00000019

Fecha: 02/05/2019
CUIT: 30-71235442-5
IIBB: 280655651
Inicio de Actividades: 28/06/2012

INFORMACION DEL CLIENTE

Cliente: ASOCIACION COLEGIO ADVENTISTA DEL PLATA
Dirección: 25 DE MAYO 99-LIBERTADOR GENERAL SAN MARTIN
CUIT: 30-52937147-7
Email: silvia.vogel@uap.edu.ar
Condición: IVA RESPONSABLE INSCRIPTO

CONDICIONES DE VENTA

Condición de venta: Decidir
Tipo: Producto

CONCEPTOS

Cantidad	Código	Descripción	% Bonificación	% IVA	Precio Unitario	Subtotal Neto
1,00	-	Cancelacion compra cinco equipos pilates con medio trapecio	0,00	21,00	\$ 234.710,74	\$ 234.710,74
Subtotal Gravado						\$ 234.710,74
IVA 21%						\$ 49.289,26
TOTAL						\$ 284.000,00

CAE N°: 69115009312643

Fecha de Vto. de CAE: 22/03/2019



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CAE N°: 69185439252572

Fecha de Vto. de CAE: 12/05/2019



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ANNEX





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